

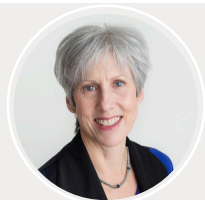
JANET WRIGHT

CERTIFIED EXECUTIVE COACH, PCC

INFO

Name

Janet Wright



Mailing Address

112 Market Ave, Suite 300
Winnipeg, MB R3B 0P4

Location

Nanaimo, BC

Phone

(855) 818 0600 x106

E-mail

janet.wright@padraig.ca

LANGUAGES

English

PROFILE

For over 25 years, Janet has worked with individuals and organizations from a wide range of backgrounds and industries to build skills for growth and success, improving effectiveness in leadership, communication, performance management and team development. She is an experienced Executive Coach and Facilitator who has helped leaders at various levels transform the way they impact their teams and to set and achieve challenging objectives. She is known for her entertaining, approachable facilitation style and her focus on the practical application of proven techniques.

SOCIAL MEDIA



[linkedin.com/in/janetwright](https://www.linkedin.com/in/janetwright)

WORK EXPERIENCE

2017 - ongoing

Associate

Padraig Coaching & Consulting Inc.

Nanaimo, BC

Janet provides one-to-one coaching for executives and senior leaders with a focus on leadership and professional development. She facilitates group workshops with management and leadership teams on topics such as team dynamics, effective communication, change management and performance coaching.

2017 - ongoing

Coach and Facilitator

Ramsey Wright & Associates

Vancouver Island, BC

Works with individuals and organizations to build the communication and interpersonal skills necessary for impactful business relationships. Improve effectiveness, through one-to-one coaching and group facilitation in areas such as: managing and coaching performance, resolving conflict; negotiating win-win outcomes; navigating a fulfilling career path and leveraging the "inner dialogue." Creates customized programs for in-person and online learning. Utilizes a variety of assessments to facilitate learning and development.

2010 - 2017

Director, Talent Management Service

Optimum Talent (Formerly Toombs Inc)

Vancouver, BC

Built business through repeat engagements and referrals based on recognized skill in coaching executives and senior managers to make measurable improvements in leadership effectiveness. She facilitated group workshops related to leadership development, career transition and retirement. Designed customized Business Writing programs, which focused on the composition of clear, straightforward, professional emails, letters and documents; included lessons on common spelling and grammar errors.

2007 - 2010

Director of Human Resources

The Blackfoot Inn & Hilton Garden Inn

Calgary, AB

Managed all HR services for 270 employees, including recruitment and selection, orientation, training and development, coaching and counseling, and payroll. Developed and delivered a wide variety of training and coaching programs for all levels; customized and delivered Hilton brand training; monitored apprenticeship commitments. Recruited front-line staff internationally under the Temporary Foreign Worker program to overcome local labour shortage. Created and monitored employee onboarding and performance management programs, improving employee retention. Mediated employee conflicts; investigated and resolved complaints and implemented an Employment Equity Plan that improves acquisition of corporate accounts.

CERTIFICATION, TOOLS, & ASSESSMENTS

Certified Executive Coach (ICF – PCC)

Certified in range of assessment tools, including:

- **SuccessFinder**
- **DiSC**
- **Five Behaviours of a Cohesive Team**
- **Workplace Motivators**
- **MBTI**

TESTIMONIALS

"One of the first areas of focus for me was building my sense of belonging/confidence within our senior management team. This was driven primarily by the fact that I decided to go to college and always wished that I had gone to university and obtained a degree. Within the first couple of minutes working with Janet she took a very direct and logical way of addressing this which made me feel more at ease.

I really appreciated Janet's genuine, inquisitive approach and her sense of humour. I would recommend Janet for anyone who is looking to change their perspective and learn how to look at things from a different/higher level.

Overall I feel that the time I spent with Janet has had a substantial positive impact on my leadership development and has given me a perspective that will remain with me forever."

– **Nathan Johnson, Client Services Director**

WORK EXPERIENCE CONTINUED

1998 - 2007

Human Resources Consultant (Partner) Baxter Bean & Associates

📍 Calgary, AB

Developed and facilitated seminars and workshops for groups of up to 100 + business and industrial employees in the areas of Leadership, Teambuilding, Communication, Public Speaking, Business Writing, Change Management, Performance Management, Recruiting and Customer Service. Coached individuals up to Senior Executive level, encompassing assessment, goal setting, ongoing feedback and support. Conducted Needs Assessments for corporate clients to determine learning goal and objectives; met with key stakeholders to present proposals and negotiate contracts. Mediate multi-party employee disputes; trained managers on effective conflict resolution techniques. Wrote articles for magazines, newspapers, in-house newsletters and marketing materials to raise company profile.

EDUCATION



GRADUATE CERTIFICATE IN EXECUTIVE COACHING

Royal Roads University, Victoria



CONFLICT MEDIATION CERTIFICATE

Mount Royal College, Calgary



M. ED, ADULT EDUCATION AND COUNSELLING

University of Toronto, Toronto



B.SC. (HONOURS) PSYCHOLOGY

University of Toronto, Toronto